



Adult Day Programming

GISOOK

INFO

411 ELDER TECHNOLOGY SUPPORT

Starting May 12th, 2021, by appointment only, we will be providing help with the navigation of the virtual world with technical support for elders on topics like:

- Facebook,
- Making videos,
- Posting and editing.
- and more

To book an appointment or for more information please call Adult Day Programmer, Lindsay Fraser at 705-690-7994



Indoor Garden Kits

Sign up by May 14th, 2021 for a variety of seeds, gardening supplies for indoor gardening, to outdoor gardening,

Please call Adult Day Programmer, Lindsay Fraser at 705-690-7994. COVID safety precautions will be in place.

Kits can be picked up at the Band office on May 21, 2021



BUSH RIDE

On May 18th, 2021 from 11 am to 2 pm, sign up to tour the community and park for seniors to see the trillium flowers. Limited participants. Please call Adult Day Programmer, Lindsay Fraser at 705-690-7994

