



Community Profile

Atikameksheng Anishnawbek



2020

www.atikamekshenganishnawbek.ca



Your Community, Your Voice

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Vision

Atikameksheng Anishnawbek will thrive together as a **strong and proud Nation** by honouring our gifts of Anishinabemowin and the Life of the Land.



1. Data Sources

This report was generated using a variety of sources including Statistics Canada, Atikameksheng website as well as their Community Comprehensive Plan. Detailed breakdowns of data contained within the report can be obtained from the community. The information that is within this report is a snapshot of the economy, programs and services and demography of Atikameksheng Anishnawbek as of February 2020. This profile was produced on behalf of the Multi Year Planning department of Nogdawindamin Family and Child Services.

2. Introduction

Atikameksheng Anishnawbek, formerly known as the Whitefish Lake First Nation, is an Ojibway First Nation in northern Ontario, Canada. Atikameksheng Anishnawbek are descendants of the Ojibway, Algonquin and Odawa Nations. Atikameksheng Anishnawbek membership is maintained by the Aboriginal Affairs & Northern Development (AANDC) under Section 11 of the Indian Act.

In 1850, Chief Shawenekezhik on behalf of the Atikameksheng Anishnawbek signed the Robinson-Huron Treaty granting the British Crown and their people (Royal Subjects) a right to occupy and share the lands of the Anishnawbek.



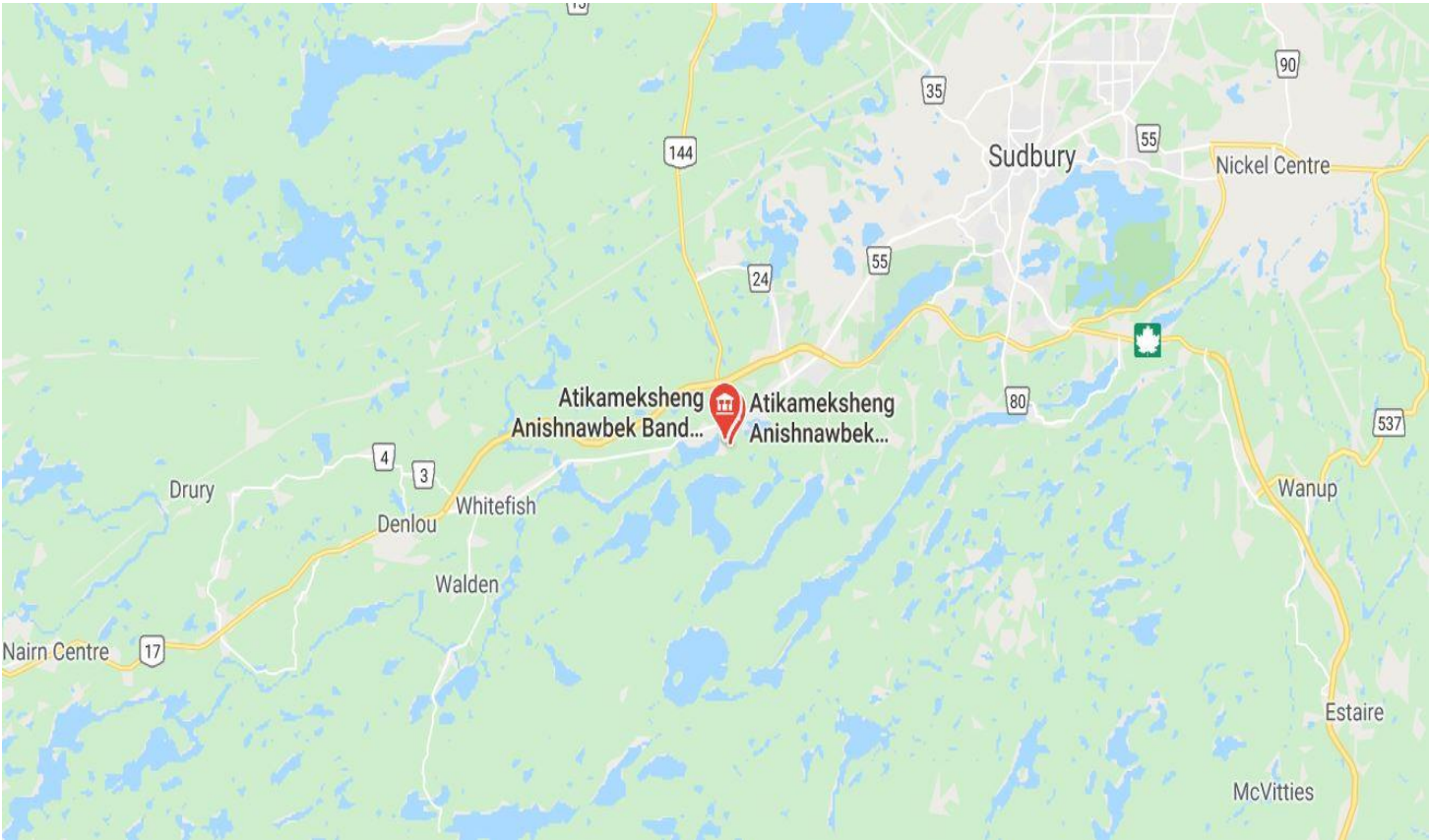
We Value the gift of Anishinabemowin as the strength of our Nation

3. Location

The First Nation is located approximately 19 km west of the Greater City of Sudbury. It is immediately south of the community of Naughton in Greater Sudbury and is considered part of Greater Sudbury's Census Metropolitan Area. The current land base is 43,747 acres, much of it being deciduous and coniferous forests, surrounded by eight lakes, with eighteen lakes within its boundaries.



Figure 1: Atikameksheng Anishnawbek Map



Source: Google Maps, 2020

4. Membership

As of September 2019, the total population is 1,292 members with 378 on reserve members and 914 off-reserve members.

Population as of September 19, 2019: 1,292		
	M	F
Total On Reserve	186	192
Total Off-Reserve	422	492
Ages On-Reserve:	608	684
0-6	42	46
7-15	79	72
16-24	80	94
25- 35	128	137
36 – 45	68	84
46 – 55	106	113
56- 65	69	75
66-70	10	16
70 +	26	47

Source: Atikameksheng Anishnawbek Membership Office

5. Housing

The community has grown significantly throughout the years. Currently, there are 135 houses located in the community, 30 cottages owned by residents on various lakes throughout the First Nation. Along the northern shores of Lake Penage, 43.5 acres of land was surrendered for cottage leasing purposes. Currently, there are 97 lots that have road access to cottages. Not only is it road accessible but electricity and telephone services are available for the cottagers.

Household and Dwelling Characteristics	2016	2006
Total - All private households	135	115
One family households	95	85
Couple family households	65	65
Female lone parent households	25	15
Male lone parent households	10	0
Multi-family households	10	0
Non-family households	30	30
Median household income (\$)	55,552	35,712
Total number of Dwellings	135	115
Dwellings constructed more than 10 years ago	105	65
Dwellings constructed within the past 10 years	30	55
Dwellings requiring minor repairs only	45	30
Dwellings requiring major repairs	35	25

Source: 2016 Statistics Canada Census

6. Language

Language in Atikameksheng Anishnawbek has diminished over time and only a few community members are fluent. Efforts are currently underway to revitalize the language through the development of a Language Strategy for Atikameksheng Anishnawbek. The Language Coordinator at the Library develops a language teaching and learning approach and also acts as a support in providing a congregate area for elders and fluent speakers in the community to visit and converse in the Ojibway language daily.

Languages Characteristics	2016		
	Total	Male	Female
Language Knowledge	385	190	200
Indigenous language(s)	40	15	25
English only	370	180	190
French only	0	0	0
English & French	15	10	10
Pop. with Indigenous languages first learned (%)	9.1	5.3	10.0
Pop. with Indigenous spoken at home (%)	7.8	5.3	10.0
Pop. with knowledge of Indigenous lang. (%)	10.4	7.9	12.5

Source: 2016 Statistics Canada Census

7. Governance

The current Band government consists of an elected Chief and 7 councillors elected under Section 74(2) of the Indian Act. Elections are held every two years. In 1972, under section 69 of the Indian Act, the Band was given responsibility for the control, management and expenditures of revenue money. Band meetings are held bi-weekly. The First Nation Government belongs to a variety of political organizations such as the Assembly of First Nations, Chiefs of Ontario, Anishnawbek Nation and North Shore Tribal Council. The current Chief and Council as of July 16, 2018 for the term (2018-2020) include:



Source: Atikamehshenganishnawbek.ca

L to R: Monica Homer – Councillor, Rubina Nebenionquit – Councillor, Harvey Petahtegoose – Councillor, Valerie Richer – Chief, Carla Petahtegoose – Councillor, Jennifer Petahtegoose – Councillor, Lesley MacNeil – Councillor.

We Value the Hope of our Youth, the Leadership of our Adults, and the Wisdom of our Elders

8. Band Operation

Approximately 60 people are employed with the Band Administration through full time and part time employment programs and seasonal employment. The variety of different departments are headed by Senior Management Staff who directly report to the Band Manager, who in turn, reports to Chief and Council. The Senior Managers and the Band Manager are hired for their positions, as opposed to being appointed.

Senior Management Team:

Chief Executive Officer – Brendan Huston
Director of Planning and Infrastructure – Arvind Sharma
Chief Financial Officer – Cheryl Conway
Director of Education and Social Services – Darlene Shawbonquit
Director of Health & Community Wellness – Carmen Nootchtai



Each department has several Units, Programs and Services headed by personnel who report to their corresponding Manager.

Academic Programs	Emergency Planning	Long Term Care - Domicile
Administration	Finance	Medical Centre
Chalet and Reserve Camp	Fire Protection	Membership/Elections
Business Centre	Fisheries	Office Complex
Child Welfare	Forestry	Policing (APS)
Communications	Health Promotions	Pow Wow
Community Awareness	Health Lifestyles & Fitness	Public Works: Roads & Water
Community Resource Centre	Housing	Recreation
Culture, Language & Heritage	Infrastructure	Sanitation & Grounds Keeping
Day Care	Lands & Resources	Social Services – Niigaaniin
Economic Development	Lifestyles Centre	Water Management
Education	Library & Literacy Services	
Employment & Training	Long Term Care – Community	

9. Public Works & Infrastructure

Public Works - The Public Works division provides the following services:

- Road Operations and Maintenance
- Water Distribution
- Band Building Maintenance



Road Operation & Maintenance - Public Works maintains 37.68 kilometers of gravel roads and 3.77 kilometers of paved light bituminous road within the reserve. The work on this road network consists of grass cutting, brush removal, and culvert replacement. During winter operations they are responsible for plowing and sanding 82.9 kilometers of laneway, and provide driveway plowing services to their Elders.

Water Distribution - There are 6,717 meters of water mains located throughout the community. Our Water Distribution Worker performs water sampling and Bac-T's, annual system flushing, and maintains 45 fire hydrants. He also works with Health Canada to ensure that the community has safe drinking water.



Band Building Maintenance - Atikameksheng Anishnawbek owns the following band buildings: Public Works Garage, Administration/Health Building, Information Clearinghouse, Library, Police Building, Early Years Building, Chalet, and Reserve Camp. The Asset Maintenance Worker maintains and services these buildings.

10. Economy

Atikameksheng Anishnawbek has a long-term goal to establish an economic development corporation. The Business Development Program, under the direction of the Director of Planning and Infrastructure, is responsible for providing support for the development of existing business and revenue opportunities and identifying new business and revenue opportunities for Atikameksheng Anishnawbek. Building community owned businesses will ensure long term wealth generation and job creation for the community.

Chi – Zhiingwaak Business Park - Atikameksheng Anishnawbek's land base offers great potential for economic development initiatives. As such, the First Nation is establishing an 18-lot business park on the available land at the entrance of the First Nation's territory. Each lot will be fully serviced and vary in size from 0.4 to 1.7 hectares (1 to 4 acres) with an average lot size of 0.7 hectares (1.7 acres). The Business Park will be intended for commercial and light-industrial use.



Skills & Partnership Program - Atikameksheng Anishnawbek is delivering a new environmental training and development program targeting Indigenous women and youth in our communities, as well as surrounding Indigenous communities in the Greater Sudbury area. The objective of



this program aims to increase the employability of our targeted group. The program will focus on the environmental aspects of mining, mine closure & rehabilitation.

Additionally, an important component of the training program is the integration of traditional knowledge into environmental monitoring and ecological restoration practices. Knowledge holders from each of the surrounding First Nations will share their experience, insights, and guidance on these topics in the classroom and in the field.

Mining Industry Agreements

KGHM - An “Advanced Exploration Agreement” was signed with KGHM in November 2014 which provides annual revenues while in the exploration stage and an IBA will be negotiated when Victoria Mine goes into production; the Agreement also provides commitments to employ qualified Members and provides contract procurement advantages to qualified Member-owned and Band owned businesses.

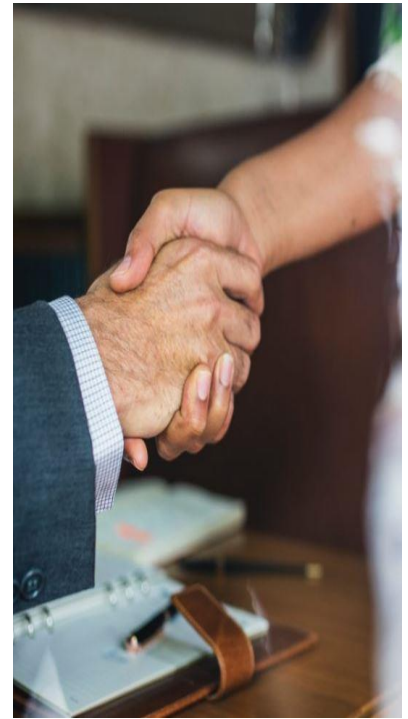
Glencore - A Memorandum of Understanding (MoU) was signed with Glencore in December 2017 which provides annual revenues as well, the MoU also provides commitments to employ qualified Members, and provides contract procurement advantages to qualified Member-owned and Band owned businesses.

Vale - A Relationship Agreement (RA) was signed with Vale in December 2018 which provides annual revenues plus an additional \$10K annually in scholarships to



Members. The RA also provides commitments to training and employment and contract procurement opportunities to qualified Member owned, and Band owned businesses.

MacDonald Mines - An MoU was signed with MacDonald Mines in May 2019 for the exploration phase of the “Power Line” and “Jovan” projects. Royalties will be paid when/if advanced exploration begins



We Value Mino Minad̓sowin (the Good Life)

11. Education

Education Program - The Education program is responsible for the development, and implementation of an education service plan for K-12 and post-secondary that meets the needs of the Atikameksheng Anishnawbek. The Education program manages the tuition agreements for our resident students and arranges for school bus transportation. The Education program provides education guidance to students regarding educational issues, career planning, and personal development. The Education program advocates for appropriate services for students and parents to ensure accountability of school boards and faculties to provide the best opportunities for success to the students of the Atikameksheng Anishnawbek in all of their educational endeavors.

Education Support Workers - The Education Support Workers primarily provide support to students with Individual Education Plans (IEPs) and/or with Identification, Placement and Review Committee (IPRC) recommendations through outreach to families and through liaison and advocacy for services from local school boards. The Education Support Workers will also support students in general with student success strategies such as but not limited to; student support, brief counselling, making referrals and coordinating tutoring services.

Education characteristics		2016	
Highest Degree or Certificate	Total	Male	Female
Population 15 years and over	315	155	160
No degree, certificate or diploma	105	60	50
High school diploma or equivalent only	60	30	25
Trades/apprenticeship or other non-university certificate	105	60	45
University certificate below bachelor level	10	0	10
University degree (bachelor level or higher)	30	10	30

Source: 2016 Statistics Canada 2016



12. Community Child Welfare Priorities

Priorities Identified

- 1) Roundhouse and Family Treatment Feasibility
- 2) Grandmas and Aunties
- 3) Service Integration

Atikameksheng Anishnawbek is planning to explore law development on their own accord.

Additional Priorities Identified

- 1) Capital Planning Children's/Family Services
- 2) Child Needs Assessment
- 3) Cultural Program Focus/Development
- 4) Neo-natal Hub East
- 5) Safe House
- 6) Covered Rink Splash Pad
- 7) Communications Strategy

The process of conducting a needs assessment for children is integral to prevention planning. It helps leaders and front-line workers make decisions about priority projects and services. It also increases understanding about child welfare matters within the community as greater dialogue is promoted. In addition, cultural continuity is promoted within the planning since extra care and attention will be exercised.



A safe house is required in the community of Atikameksheng, as the number of Alternative Care homes is lacking. The building of a safe home will enable children to stay within their home community, increasing the chance of reunification and is a least disruptive measure. Move over, children will still be exposed to culture and language initiatives by staying within their community.

The development of a culture and language plan for the community is planned, as culture is lacking and seen as an integral aspect of rebuilding family ties and family reunification.

13. Lands & Resources

The Lands Division, under the Planning and Infrastructure Department, is a service that is provided to the community and is responsible for managing the reserve lands and natural resources in a



sustainable manner and in accordance to the Atikameksheng Anishnawbek Land Management Code which embraces the economic, environmental, and social goals of Atikameksheng Anishnawbek.

Through the proper management of Atikameksheng's Lands, Atikameksheng hopes to improve the competitiveness of the industry and our ability to attract private investment to stimulate economic growth and job creation for the community.

14. Atikameksheng Trust

Canada and the First Nation negotiated this dispute by way of a Settlement Agreement and were compensated with a monetary sum of 14 million dollars in 1998.

In accordance with the settlement agreement, the First Nation created the Atikameksheng Trust to safely handle, protect and distribute dollars in relation to the needs of the community. Currently the Trust allocates dollars in respect to Education, Health, Culture & Language and Recreation & Leisure.

Mission

To manage, protect and distribute trust dollars to members of Atikameksheng Anishnawbek to further the well-being of our people

Vision Statement

The Atikameksheng Trust provides opportunities to beneficiaries to enhance the environment and their quality of life.



We Value the honour the contributions of our families as it makes us who we are

15. Health Programs and Services

Home and Community Care Program - The Home and Community Care Program assists community members to remain independent in their homes and community by being the entry point to in-home health services and community support services. The supportive care is provided in collaboration between the Home and Community Care Program and/or by family and friends (known as caregivers who provide informal care).



There are many benefits for community members who access Home and Community Care services. Some of the benefits include: care provided to community members with dignity while promoting and maintaining his/her independence, postpone admittance to hospital or nursing home, allow a client maximum freedom and comfort of receiving care in their own home, individualized care based on assessed needs, and support for the families while keeping them together in the community.



Walden Walking Group - There is a large population of people 50+ in the community. This program has increased from being offered once a week to 3 times a week. It is held every Monday, Wednesday, and Friday.

Traditional Workshops or Teachings - Berry Picking & making preserves, Traditional Foods/ Diabetes cooking classes, attend spiritual activities/ workshops/ events, Pow wows, assist transportation to ceremonies

All Souls Day - Each year the senior's look forward to making new wreaths for their loved ones that have passed on. The month of October assembling them wreath with new flowers a ribbon with the family name.

In the past years, co-workers assist with picking Princess Pine picking. Each year, a flyer is sent to the community to come and make a wreath.

Christmas Celebration - Each year they celebrate dinner serving a traditional Turkey dinner. The event is posted for HCC clients and elders to sign up. Transportation is provided to and from the event.

Monthly Movies - This program is well attended. The seniors pay for their own dinner and the program pays for the movie ticket.



Community Health Nurse - The focus of the Community Health Nurse (CHN) is health promotion, disease prevention, and health protection at individual, family, and community levels with the practice of culturally sensitive care. The CHN provides direct nursing care within the community health centre, this includes diabetic foot care, well-baby visits, tuberculosis screening, and immunizations. Additionally, they offer health promotion and education programs throughout the year. The CHN is available to provide a range of wellness services to community members for walk-ins or on an appointment basis, depending on client needs.

Community Physical Activities Program

The goal of the program is to build and empower members to further develop their holistic and healthy lifestyle. Recognizing that people are responsible for their own health improvements the Community Physical Activities Programmer will create physical activity opportunities for members to access. As part of the health department, they focus on a number of our programs on Identity and Culture. They try to meet the interests of our membership by providing opportunities to develop and reinforce identity and culture in our programming. Activities are programmed so that their members can explore their territory with activities like canoeing and hiking, archery, maple syrup harvesting, fall harvest, etc.



2020 Movers and Shakers Youth Gathering

The Life of the Land teaches us Respect, Love, Truth, Bravery, Humility, Honesty and Wisdom

Family Well-Being Program - The Family Well-Being Program is designed to improve the outcomes and opportunities for children and youth by using holistic, community-driven approach that keeps child connected to their families, communities, and culture through programming. The program is prevention focused, community-led and will address the root causes of violence and trauma. The objective is to reduce the over-representation of Indigenous children and youth in child welfare and youth justice systems.



Safe Spaces - Safe Spaces are created for Indigenous child, youth and family members to gather and support prevention and early intervention efforts. One on one support, family circles, gatherings, and ceremonies are examples of programs and services provided by the Family Well-Being Worker conducted in areas identified as safe places.

Community-Based Programming - Culturally safe programming is delivered for Indigenous children, youth and families who have experienced or are at risk of violence. The programming is designed to suit the needs of each individual Anishinabek Nation community and what the community is interested in learning. The Family Well-Being Worker brings traditional knowledge to the forefront of the community so that the knowledge can be continued on for generations to come. Programming such as land-based learning activities and traditional crafting workshops are examples of the programming provided through the Family Well-Being Worker.

Family Support Program - The Family Support Program is a voluntary prevention service that works in collaboration with Nogdawindamin to ensure that culturally appropriate support services are provided to children, youth and families. The Family Support Program provides support and assistance to high-risk families in identifying their strengths and weaknesses and work with them in striving to reach their goals. Family Support Workers can provide assistance and support to children and families to resolve child welfare crisis and co-operatively plan and carry out actions designed to divert future and/or similar crisis.

Family Support Workers also provide primary and secondary prevention programming to clients within the community. Programming focuses on child and family relationships and may include programming such as; Triple P Parenting and Parents as Teachers.



Patient Transportation Program - Atikameksheng Anishnawbek Shawenekezhik Health Centre coordinates the medical transportation program funded by Indigenous Services Canada. The goal of the program is to provide coordinate medical transportation to registered First Nations community members living in Atikameksheng Anishnawbek.



The program will assist individuals who do not have the means to get to their medical appointments. The program provides; local medical transportation, urgent medical transportation and will assist clients with long distance medical transportation.

Indigenous Services Canada provides Atikameksheng Anishnawbek with funds to administer this program through a Contribution Agreement guided by the NIHB Medical Transportation Policy Framework.

Healthy Babies, Healthy Children - The Healthy Babies, Healthy Children Program provides support, encouragement and resources to individuals and families with children ages 0-6 years. The Program funds activities that support early intervention strategies to address the learning and developmental needs of young children living in First Nations communities. The goal is to support early child development strategies.



Programming is centered around six components: education; health promotion; culture and language; nutrition; social support; and parental/family involvement. Parents, guardians and other family members are the most important teachers in a child's life. It helps parents and other caregivers learn and improve skills that contribute to healthy child development. It also works with families to help strengthen family relationships.

The Program encourages parents, families and community members to play an important role in running the Program. The Program also builds relationships with other community programs and services so that children get the best care.



Child and Youth Program

The Child and Youth Worker provides effective, productive and safe programming for children and youth of the community by planning, implementing and evaluating fun and exciting programs for the youth.



The program worker plans prevention programs along with the Health Programmers that will have a positive impact on children and families in living a healthy lifestyle. The Child and Youth Worker considers the following when designing a program while working with health professionals, Education and Social Service Professionals and outside agencies;

- Drugs and Alcohol prevention
- Leadership training/Youth empowerment
- Traditional and Cultural programming

Wellness – Mental Health, Addictions & Traditional Health - Facilitate topics of mental health and addictions for the community's education and awareness that allows people in the community to see how to remove barriers and choose a healthy lifestyle. Cultural and/or western-based methods most appropriate in the education of the community. Traditional and seasonal celebrations will be utilized and aligned with healthy lifestyle choices.

Maamwesying - Mental Health and Addictions	
April 1, 2019 - August 12, 2019	
Atikameksheng Anishnawbek	
Encounters by Program	
Minobimaadizing (Addiction Withdrawal Mgmt)	77
Mental Wellness Encounters (Mental Health & Addictions)	69
Mental Wellness Groups & Encounters:	
Atikameksheng Anishnawbek First Nation Ceremony Circle	3
Mental Health & Addictions Community Engagement, Initiatives and Presentations	6
Respite Care Community Engagement, Initiatives, Presentations and Education	1
Naandwe Noojimowin Small Group Aftercare Circle	0
Crisis Response Program Encounters	91
Crisis Response Program Groups & Encounters:	
Crisis Response Team Capacity Building	24
Crisis Response Team Community Engagement, Promotion, & Education	16
Crisis Response Team Interventions	14
Other:	
FASD program encounters	2
FASD Program Community Engagement, Initiatives, Presentations & Education	2


Source: Maamwesying Mental Health and Addictions – Q1 2019







Maamwesying North Shore Community Health Service Statistics

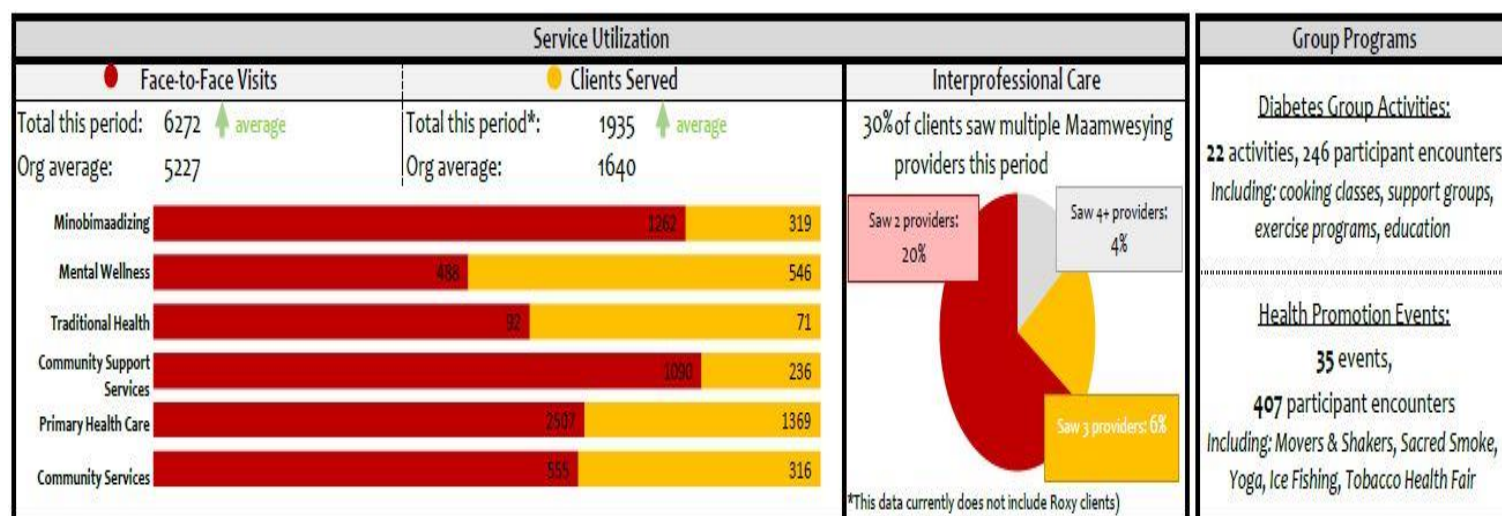
The following pictographs are taken from Quarter 1 2019 Maamwesying North Shore Community Health Services. These statistics are taken from Quarter 1 from April – June 2019.

Client Profile			
Age		Sex	
0-18	15%	Female	60%
19-34	18%	Male	39%
35-54	29%	Unknown	0%
55+	37%		

New Clients	Active Clients	Clinic Activity
167	4556	<div> <div>No show rate: 10% ■ above average</div> <div>Cancellation rate: 13% ■ average</div> </div>
	42% of our active clients were seen this period	Maamwesying no show avg: 9%, cancellation avg: 13%

OMSC Smoking Cessation	Flu shots
39% of clients were asked about their smoking habits 	Flu shot data will be available in Q4

Client Complexity					
High-Users of Our System			N'Mninoeyaa - Top Chronic Conditions*		Mental Wellness & Minobimaadizing Top Issues Addressed
# of Chronic Conditions	Clients		Chronic Condition	Clients presenting	
4+ conditions	571	30%	 Diabetes i.e., Diabetes Type 1 and 2	359	20%
3 conditions	494	26%	 Hypertension i.e., essential hypertension, high blood pressure	273	15%
2 conditions	1064	55%	 Mental health & depression i.e., ADHD, adjustment reaction, affective disorder	207	11%
					 Substance related disorders 65
					 Mood disorder 32
					 Anxiety disorders 7
					* Clients with No Diagnosis selected 398
					* Clients with an Unknown diagnosis 190



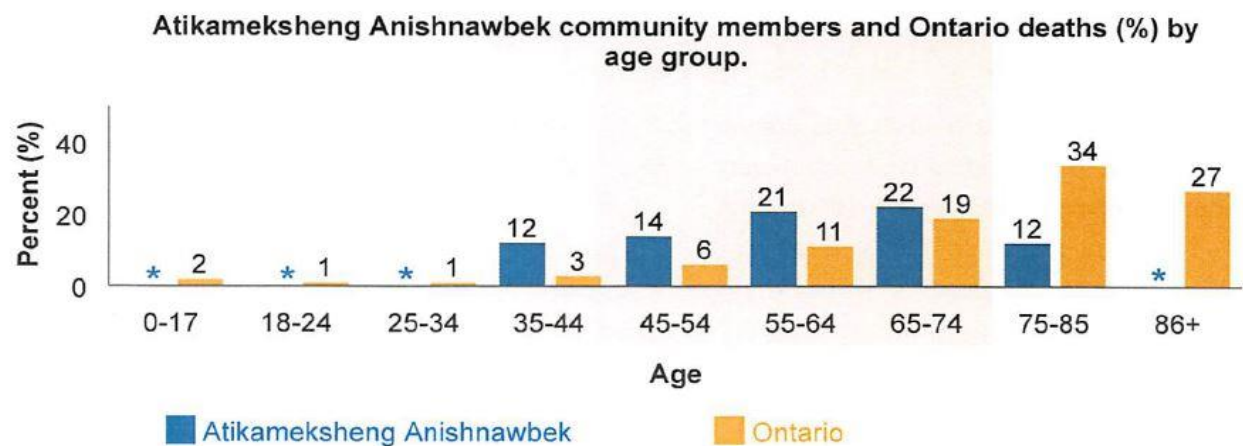
16. Mortality Report



Between the years of 1994 – 2002, 61% of all death of Atikameksheng Anishnawbek band members occurred before retirement age, 65 years old, compared to only 22 % average in Ontario.

4.3 of every 10 deaths in their community could have been avoided with effective and timely health care or public health intervention, this rate is 1.5x the provincial average. 82 out of 1000 deaths of women and 119 deaths out of 1000 of men crude mortality death rate is 1.2x higher for women and 2.0x higher for men than the Ontario average.

Members in Atikameksheng Anishnawbek community tend to die at younger ages than Ontario overall:



Source: Atikameksheng Anishnawbek Mortality Report, 2019

Most common causes of death - **Circulatory** (Heart attacks, strokes, etc.) - 23 of 26 per 1,000 community member, over 1.2x the rate for Ontario overall. **Cancers** – 25 deaths per 1,000 community members, over 1.4x the rate for Ontario overall. **Respiratory** – 9 deaths per 1,000 community members over 1.9x the rate for Ontario overall. **Injuries** – 7 deaths per 1,000 community members, which is about the same as the Ontario overall.

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